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Informed Consent Form

FORM 2 OF 3

This form describes in detail how the study works and your role in it. Your signature means you understand and agree to participate.

BEFORE YOU SIGN, YOU SHOULD KNOW

- 1 This study aims to advance understanding of how activity and your habits can contribute to a healthier heart.
- 2 As a participant, you'll be asked to complete occasional, short surveys and record your workouts on your Apple Watch.
- 3 The study will last at least 5 years. You'll be asked to renew your consent every 2 years.
- 4 Participation is voluntary. You can leave the study at any time and stop sharing your data at any time.
- 5 The study will do its best to ensure your data is kept confidential and secure. As with all studies, complete confidentiality cannot be guaranteed.

Research 7:57

2

Total Tasks Completed

0

Pending Tasks

